



SchoolsPlus is happy to announce The Incredible Years is coming to Cavalier Drive Elementary School!

The Incredible Years is a 12-week parenting program that focuses on improving social and emotional skills, and reducing behaviour problems in children between 5 and 12 years old. All parents and guardians of Cavalier Drive students are welcome to participate. **Please register, there are a limited number of spots!**

Cost: The Incredible Years is free.

Where: Virtual on the Zoom platform due to the pandemic.

When: Tuesdays from March 30th to June 15th

Time: 9:00am – 11:00am

To register (or if you have any questions), please contact the facilitator:

Michelle Boudreau, SchoolsPlus Community Outreach Worker, Sackville High Family of Schools

902-399-8320 or michelle.boudreau@hrce.ca

