



Handle with Care is coming to Cavalier Drive Elementary School!

Handle with Care is a 6-week parenting program that focuses on promoting healthy attachment and positive mental health in young children between 0 and 6 years old. All parents and guardians of Cavalier Drive are welcome to participate. **Please email by April 25<sup>th</sup> to express your interest as registration will be limited.**

**Cost:** Handle with Care is free.

**Where:** Virtual on the Zoom platform due to the pandemic.

**When:** Fridays from May 7<sup>th</sup> to June 18<sup>th</sup>

**Time:** 10:00am – 12:00pm

**To register (or if you have any questions), please contact the facilitator:**

Michelle Boudreau, SchoolsPlus Community Outreach Worker, Sackville High Family of Schools

902-399-8320 or [michelle.boudreau@hrce.ca](mailto:michelle.boudreau@hrce.ca)

